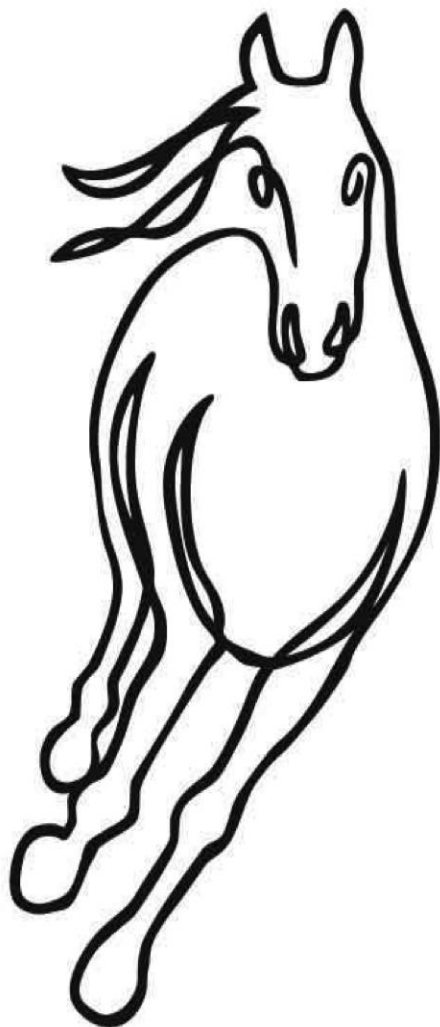


**Autumn 2011**

**Newsletter**

**North Lincolnshire Branch**



The  
British  
Horse  
Society

# Chairman's Report 2011

Welcome to the Autumn issue of our newsletter. It seems funny to put Autumn as I feel I am still waiting for summer to start. After a few lovely weeks this spring it seems the weather has had other ideas so I hope this winter won't be as severe as the last two. As the evenings are starting to shorten, now is the time to drag out rugs and check for repairs/cleaning etc. if not already done. There are rumours that hay is going to be pricey so the time to start looking to find a reasonable source is now. As I look at my horses I can see the summer coats just starting to shed so I will be sending off my clippers and blades for service and sharpening in preparation.

Thank you to all the people who have taken the trouble to complete our online surveys and report accidents/incidents. This helps the BHS have a clearer picture of what is happening in our area and statistics are useful for lobbying government/ councils to act for change.

## **Win £100**

***Newsletter production costs are a subject that we raise each year. We aim to produce two, a Spring And Autumn, postage alone comes to over £600. Think what this money could buy, how many bags of feed etc? Would you as members be happy to receive the newsletter by email to help reduce costs? If you would, then please email [janeatredbrick@aol.com](mailto:janeatredbrick@aol.com) with "BHS mail" in the subject line, giving your name, postal address and email. Everyone who responds will be put into a prize draw with the chance to win £100. Entries must be in by 31<sup>st</sup> October 2011 please.***

Our next pleasure ride is taking place on September 18<sup>th</sup> at the Grange, Mareham On the Hill, and details of entry are in this newsletter. There will be various distances for all riders from lead rein upwards. This is the first time this venue has been used so we are hoping for a really good entry. Lunch will be included and all riders will receive one of our lovely rosettes on completion of the ride.

***The British Horse Society North Lincolnshire Region now has a Facebook page.***

***Please be a "friend"***



We hope to see as many members/friends and family at our Annual meeting this year as possible. This event is planned at Kenwick Rural Activities Centre, Louth on the 20<sup>th</sup> of October. This year's guests are Jane Van Lennep, who will give a talk on equine nutrition, followed by a demonstration by the Leadenham Polo club who are allowing some audience participation. They have also kindly agreed to offer a free lesson which is just one of the fabulous raffle prizes that will be on offer during the evening. The BHS will be putting up two free years subscription and many local and national companies have donated some amazing things. Refreshments will be available all evening, so wrap up warm and come and join us. As usual this event is free and everyone is welcome, you don't have to be a member to come.

I look forward to meeting you on the night, or at one of our events in the near future. Till then, take care.

**Viv Spencer**



# Whats On.....

## Thursday 15 September

### Pub Quiz Night, 8pm at The Crown, Surfleet.

A chance to test your general knowledge and to have some team fun! Teams of four people needed and just £4 per team to enter. There will be a prize for the winning team and a raffle. Optional pre-quiz meal at 7pm. To book your places and meal please contact Sharon Kirby E: [skirby1970@btinternet.com](mailto:skirby1970@btinternet.com) or Caroline Greaves E: [greavescaroline1@hotmail.com](mailto:greavescaroline1@hotmail.com)

## Saturday & Sunday 17 – 18 September

The BHS trade stand will be at the British Riding Clubs Championships at the Lincolnshire Showground

## Sunday 18 September:

**Pleasure Ride at Mareham Grange**, Mareham on the Hill, Horncastle LN9 6PQ. Various distances - for more details send SAE to Annika Earl, Violet Cottage, Oxcombe, Horncastle, LN9 6LU T: 01507 533721 E: [annikaearl@hotmail.com](mailto:annikaearl@hotmail.com)

## Saturday 24 September

**Garry Bosworth (Intelligent Horsemanship Recommended Associate)** will be explaining equine behaviour and psychology and doing a Join Up and Long Lining demonstration. Newlands Equestrian, Newlands Farm, Epworth DN9 1JA

**Saturday 24<sup>th</sup> September**      **BHS Access Training day**      Level 1

**Saturday 8<sup>th</sup> October**      **BHS Access Training day**      Level 3

## Saturday 15 October 1pm

**Jane Van Lennep (Director of Simple System Ltd)** will be presenting her excellent Bucket to Barrow presentation solving the mystery of the equine digestive system and nutrition advice. Newlands Equestrian, Newlands Farm, Epworth DN9 1JA

## Thursday 20 October:

**BHS North Lincolnshire Annual Meeting** at Lincolnshire Rural Activities Centre, Kenwick Hill, Louth at 6.30pm – followed by Jane Van Lennep (Director of Simple System Ltd) presenting her excellent Bucket to Barrow presentation solving the mystery of the equine digestive system and nutrition advice and Polo Demo by Leadenham Polo Club with audience participation. Raffle - refreshments available. For more information contact Jane White E: [janeatredbrick@aol.com](mailto:janeatredbrick@aol.com) T: 07986 637089 or Viv Spencer E: [vivienaspencer@googlemail.com](mailto:vivienaspencer@googlemail.com) T: 01790 753996

## Saturday 22nd October 2011 - BHS HQ

### The British Horse Society Biennial Safety Conference

Safety issues are ever present and of vital importance in equestrianism. 'Safety' is a little word covering a large remit. The amount of expert information available regarding every aspect is vast. The Safety Department seeks to determine current areas of interest and invite experts to speak, at the **Biennial Safety Conference**, sharing their knowledge and insights.

Contact : Rebecca Lucas, Safety Department, The British Horse Society, Abbey Park, Stareton, Kenilworth, Warwickshire, CV8 2XZ.

**Spaces are limited so book early to avoid disappointment.**



## Local rider is part of Team GB win in CIC\*\* European Championship

Carol Pearson of East Midlands Dressage Group, Leicestershire rode Major Promise as part of the victorious Great Britain team who, for the first time in history, won the CIC\*\* European Championship.

British Riding Clubs hosted the biennial Championship at Washbrook Farm, Aston le Walls, Warwickshire last weekend.

Team GB were lying in fourth place after the dressage phase of the competition and set out as pathfinders on the challenging cross-country course. Posting many outstanding individual rounds the team quickly rose up the leader board to head the rankings going into the all-important show jumping phase on Sunday afternoon.

After a final trot up and vet inspection 26 horses came forward to tackle Nick Staines' colourful show jumping track. Jumping in reverse order, the excitement grew as the riders strove to achieve the all-important clear round. Team GB, under the guidance of Chef d'Equipe Major Richard Waygood, again produced a number of key clear rounds to take the overall Championship, with team member Mary-Anne Carpenter on Alles Kiar taking the silver medal. Carol was placed 13<sup>th</sup> in the individual event.

Charlotte Dobretsberger from Austria, riding Excalibur MT, won the individual gold medal with Frederik Smet from Belgium, riding United, in the bronze medal position. Final results for the Team competition were Great Britain – Gold, Belgium – Silver and Germany – Bronze.

Full results can be found on the British Riding Clubs website, [www.britishridingclubs.org.uk](http://www.britishridingclubs.org.uk).

**For further information, contact Sarah Phillips, British Riding Clubs 02476 840517 email: [s.phillips@bhs.org.uk](mailto:s.phillips@bhs.org.uk) or visit The British Riding Clubs website [www.britishridingclubs.org.uk](http://www.britishridingclubs.org.uk) and click on BRC Championships.**

**For photographs contact [a.falkingham@bhs.org.uk](mailto:a.falkingham@bhs.org.uk).**

## HORSES WELCOME

Horses Welcome is the UK's first quality-assured scheme for equine bed and breakfast. It started in the South of Scotland in 2006, and since then has grown to include members all over Scotland. In 2008 the scheme was extended and we welcomed our first English & Welsh members.

Becoming a member of the scheme demonstrates your commitment to providing a genuine 'home away from home' for horses and we would really like to get more members in the East Midlands region. The scheme also provides you with access to our central marketing to promote your business. We welcome yards of all shapes and sizes to the Horses Welcome scheme, and we've tried to make it as easy as possible for you to join.

To find out more or become a member you can visit the website [www.horseswelcome.org](http://www.horseswelcome.org) or for an application form or more information or contact Sally Andrews  
email: [s.andrews@bhs.org.uk](mailto:s.andrews@bhs.org.uk) Tel: 01780 764187 Mob: 07881 956459



## **AEP...A kinder alternative to horse shoes?**

It is a well known and readily accepted fact now that horse shoes are detrimental to horse's health. But why? Well thanks to the relatively new and increasingly popular science of Applied Equine Podiatry (AEP) we now know around 50% of the horse's foot is cartilage and the health and conformation of the cartilage is responsible for the health and conformation of the hoof capsule and performance of the foot. Cartilage requires correct stimulus via correct movement for health. So if the cartilage of the horse's foot does not get correct stimulus it deteriorates and this can lead to under-run heels, weak frogs, poor quality hoof wall, weak soles etc, and ultimately disease and lameness.

A rigid structure placed on the hoof not only prevents correct stimulus to the structures within (the 'foot'), it also places additional strain on structures which are not designed to take such pressures and this also often leads to health issues. So what's the alternative? All horses have the innate ability to heal; provided the environmental stimulus is correct AND the horse has the innate ability to heal. It is usually not fair on your horse to have your farrier simply remove the shoes and apply a grass trim....correct hoof care, especially barefoot; requires specialist knowledge, owner commitment and often teamwork between Vet, owner, nutritionist and hoof care provider. Degreed Applied Equine Podiatrists (or DAEP's) are highly skilled holistic hoof care practitioners who can assess you horse's health and help you make responsible and informed decisions about your horse's health and hoof care. Not all horses can go barefoot, but most can. Not all owners can have a barefoot horse, but with the right knowledge and support, most can!

For more information or to book a free assessment contact your local DAEP Beccy Smith on 07766 772245 ([www.holisticequine.co.uk](http://www.holisticequine.co.uk)) or why not meet KC LaPierre (founder of the Institute of Applied Equine Podiatry) at Oxfordshire BHS AGM on October 13<sup>th</sup>?



“Topaz”, before AEP with Holistic Equine's Beccy Smith DAEP (left) and after only 4 consults and 3 months later (right); a much healthier, sounder little horse and back having fun barefoot with her owner. This horse suffered due to incorrect environmental stimulus (trim method and poor advice) yet is quickly recovering with the use of the High Performance Trim method and advice given by her DAEP!

Beccy Smith BSc (Hons) EBW RM DAEP (MIAEP).

**BHS North Lincs Branch**

**ANNUAL MEETING**

**20<sup>th</sup> October 2011**

**LRAC, Kenwick, Louth, Lincs**

**BHS North Lincolnshire Annual Meeting  
Kenwick LRAC Louth**

**Meeting 6.30-7pm**

**followed by Jane Van Lennep**

**(Director of Simple System Ltd) presenting her excellent Bucket to Barrow presentation, solving the mystery of the equine digestive system and nutrition advice.**

**At 7.30pm, Leadenham Polo club demonstration and the chance to have a go on their wooden horse.**

**Tombola with excellent prizes - refreshments available.**

**For more information contact:**

**Jane White E: [janeatredbrick@aol.com](mailto:janeatredbrick@aol.com) T: 07986 637089 or**

**Viv Spencer E: [vivienaspencer@googlemail.com](mailto:vivienaspencer@googlemail.com)**

**T: 01790 753996**

**PUT THE DATE IN YOUR DIARY**

**Faldingworth Equestrian Centre**

We are a fairly new centre (Sept 2010) and run shows every other weekend, beginners on a Saturday and novice on a Sunday. We are a BHS approved livery and riding establishment, with 1000 acres of private hacking land and indoor and outdoor schools.

3 September	Annual Championship Trophy Show (Beginners)
4 September	Annual Championship Trophy Show
10 September	Arena Cross Country £175 Prize Money
11 September	Arena Cross Country £175 Prize Money
25 September	Jump Cross £30 Prize Money
23 October	Jump Cross £30 Prize Money
29 October	Halloween SJ and Games 0 - 55cm
30 October	Halloween SJ and Games 60 - 100cm

For more information, telephone Tel. 07546166315

D&M MASON SADDLERY  
68 MARY STREET, SCUNTHORPE,  
DN15 6LB

Everything for horse and rider at  
competitive prices. Qualified worming  
advice. XC gear. Body protectors.

Rugs for all seasons. Tel: 01724  
864213

[www.dandmmasonsaddlery.co.uk](http://www.dandmmasonsaddlery.co.uk)

### Jodi C Shanahan

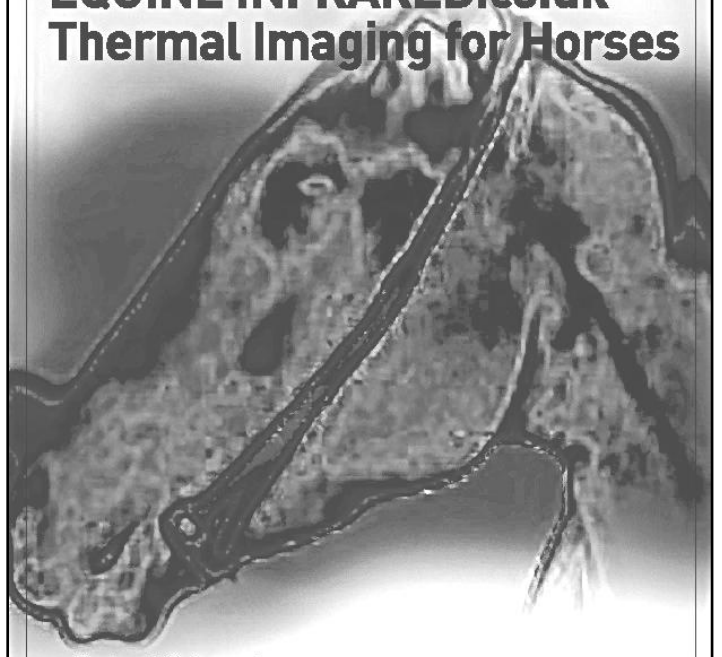
BHS AI/ABRS ITA Registered &  
Insured Horse Riding Coach  
BHS Member 211580

The Farmhouse, College Rd, Thornton  
Abbey, Ulceby, North Lincolnshire,  
DN39 6TU

Mobile: 07731 361 339

Find me at [www.jcs-equestrian.co.uk](http://www.jcs-equestrian.co.uk)  
& Facebook & Twitter

## EQUINE INFRARED.co.uk Thermal Imaging for Horses



Detect & Locate  
unidentified problems  
Benchmark your horses  
health

Mob. 07905 486004

[info@equineinfrared.co.uk](mailto:info@equineinfrared.co.uk)



### EQUINE VETERINARY PHYSIOTHERAPY



10%  
OFF YOUR  
FIRST ANIMAL  
ASSESSMENT  
WITH THIS  
FLYER

### Has your horse had a drop in performance?

Felicity Begley, chartered human and  
veterinary physiotherapist, is uniquely placed  
to carry out specialist equine physiotherapy  
assessment and treatment sessions for your  
horse, whether it is injured or you are looking  
at improving performance. Rider assessment  
and treatments are also available including  
pilates for horse riders, enabling the horse  
and rider to work in harmony.



#### BENEFITS:

- Injuries • Joint problems
- Back pain • Poor performance
- Behavioural changes • Lameness
- Asymmetry • Post-surgical  
rehabilitation • Rider related issues



“Regular treatments from Topline Vet Physio keeps  
both myself and my mare in excellent condition and  
at the top of our game. Our results so far this season  
speak for themselves. I can highly recommend  
Felicity and would not be without her!”  
Hayley Vallance, Lincoln

07793 244420

Join Topline Vet Physio on Facebook  
Follow @toplinevetphys on Twitter



### Confidence Coaching

Equestrian Specialist  
NLP, Hyno and Timeline Thera...

07505 353369 Mobile  
[ashesnlp@nym.hush.com](mailto:ashesnlp@nym.hush.com)

[www.ashescott.com/nlprider](http://www.ashescott.com/nlprider)

## holistic equine



### Applied Equine Podiatry, Therapies Products, Consultations and Education

Specialist in whole horse health and hoof care, suitable for metabolic  
or lame horses or to help keep your horse sound and healthy!

Beccy Smith BSc (Hons) EBW DAEP (MIAEP) Nationwide coverage

Tel: 01430 449233 Mob: 07766 772245

[www.holistichequine.co.uk](http://www.holistichequine.co.uk) Join us on Facebook too!



**ENTRY SECRETARY:**

Mrs A. Earl  
Violet Cottage  
Oxcombe  
Horncastle  
LN9 6LU

annikaearl@hotmail.com (Re: Mareham Ride)

**NORTH LINCOLNSHIRE  
COUNTY COMMITTEE**



**PLEASURE RIDE**

**AT**

**THE GRANGE  
MAREHAM ON THE HILL  
LN9 6PQ**

**SUNDAY 18 SEPTEMBER  
2011**

BHS GOLD MEMBERSHIP NUMBER: \_\_\_\_\_

If **NOT** BHS GOLD member  
INSURANCE COMPANY: \_\_\_\_\_

EXPIRY DATE: \_\_\_\_\_

HORSE NAME: \_\_\_\_\_

IF APPLICABLE TRAVELLING WITH: \_\_\_\_\_  
\_\_\_\_\_

EMERGENCY CONTACT NUMBER ON THE DAY:  
\_\_\_\_\_

NAME OF CONTACT: \_\_\_\_\_

No entries taken on the day as parking is limited.  
Entries close 11 September 2011.

There will be a choice of various distances from 4  
miles to ride on the day.

Starting from 9 am and last rider to leave venue  
before 11 am.

Rosette and some light refreshments will be given  
on return to the venue.

- All riders must hold third party personal liability insurance, valid on the day of the event. BHS Gold membership ensures appropriate cover. Non-members must provide evidence of cover.
- Hard Hat complying with current standards (ASTM F1163, PAS 015, BSEN 1384, SNELL E2001, all should carry the BSi KITE mark and/or the American equivalent, the SEI mark. EN 1384 is also acceptable providing it has a CE mark attached to the hat).
- Riders under the age of 16 must be accompanied by a responsible adult.
- Horses must be 4 years old or over.

Please send entry form to:

Mrs A. Earl  
Violet Cottage  
Oxcombe  
Horncastle  
LN9 6LU

**ENTRY FORM**

PLEASE ENCLOSE AN **A5 SAE**  
**AND £ 15 ENTRY FEE, CHEQUES MADE OUT TO**  
**NORTH LINCOLNSHIRE BHS**

RIDER NAME: \_\_\_\_\_

RIDER AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

TELEPHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

